



Divine Goal Setting

Step 1 – Write it Down

- Write down all of your desires, no matter how large or small
- Always carry a notebook so you can add things when inspired

Examples:

1. *Take a cruise to Mexico*
2. *Learn to belly dance*
3. *Have lunch with Tony Robbins*
4. *Attract a \$20,000 business opportunity*

Step 2 – Prioritize

- List desires in order of importance
- Pick the top 12 to work with and make sure they are specific (*see p.3 for examples*)
- Hint: If you can't be specific you may not be ready to set that goal

Step 3 – Choose Dates

- Choose the specific date by which you desire to achieve each goal.

Step 4 - Take Action Daily

- Ask, "What action could I take that would show I mean business?"
- Taking positive action toward your goals, will catapult you forward.
- Accept your success now. Don't wait until you have actually achieved results. *Act as if.*

EXAMPLES:

1. *Buy a book on Mexico and decide where you'd want to go*
2. *Research belly dance classes in your area*
3. *Go to a Tony Robbins event*
4. *Talk to colleagues selling \$20,000 packages*
5. *Buy cloths required for the trip*
6. *Choose a restaurant for your lunch with Tony*
7. *Create a space for your new assistant to work*

DAILY GOAL READING RITUAL

Step 1 – Read Goals

- Read your list of goals at least three times every morning and every night.
- This gives them the quality of affirmations and keeps you from returning to your limited way of thinking.

Step 2 – Imagine Achieving

- Imagine yourself achieving each goal
- The more you regularly envision yourself having the things you want the easier they will come to you.

Step 3 – Be Open to Making Changes

- Prayerfully ask yourself, “What must I change about myself in order to achieve my goals?”
- Be open to hearing whatever the answer is and making the necessary changes.

Examples:

1. *You need to release relationships that are holding you back.*
2. *You need to loose weight in order to increase self-confidence.*
3. *You need to let go and delegate to get more done*

Step 4 – Cross Off

- Cross off the goals as they are achieved and continue to add new ones
- If we don’t make new goals we are telling the Universe “Don’t send me new dreams.”
- If the goal doesn’t show up, tell God, “You probably told me what I need to change but I wasn’t listening closely enough. Please tell me again. I will pay better attention.”
- If the goal doesn’t show up, acknowledge the parts that did, count the blessings and set a new date.

GUIDELINES

Don’t Tell

- Keep your goals private to prevent others from planting doubt
- Share only with partners on your new journey to prosperity

Remember

- God wants the best for us, always
- Remember, with God all things are possible

LISA'S GOALS – OCTOBER 2009

- 1 Financial peace, unwavering faith that all my needs are met, that god is my source, that everything I want is mine easily today
- 2 Everyday I'm full of energy, feel vital, healthy, have a clear head and peaceful positive outlook
- 3 200 or more enrollments for Juicy Online Marketing Essentials Bootcamp by January 30th, 2010 (15 power affiliates & 3000 on preview)
- 4 Part-time business that brings me \$600,000 or more annual net income.
- 5 All credit cards paid off by 12/31/09
- 6 Slim healthy size 6 (or ideal weight for my body) by 12/31/09
- 7 Financial plan is fully funded to make up for the last 3 or more years by 12/31/09
- 8 Housekeeper and/or assistant to do laundry, dishes, food shopping, errands, returns, sell/organize stuff and anything else I don't want to do by November 1st 2009.
- 9 Cruise with Bella before 12/31/09
- 10 Alaska cruise by 6/31/10
- 11 \$15,000 - \$20,000 per person mastermind with 10 people (or perfect amount) by March 30, 2010
- 12 My office, bedroom & living room are professionally decorated w/new furniture, carpet, art, completed gracefully with help from the perfect decorator by 12/31/09